

**Master of Physical Education
M.P.Ed./Semester-II-May -2016
Paper-MPE-803(iv) - Game of Specialization
(Cricket)**

Maximum Marks: 50

Time: 3 Hours

(Write your Roll No. on the top immediately on receipt of this question paper)

Note: Attempt any five questions. All questions carry equal marks

- Q. 1. Prepare a one year coaching schedule for national level cricket team? (10)
- Q.2. What do you understand by diet & nutrition. Write down the importance of diet & nutrition in Cricket? (10)
- Q.3. Explain the safety measures & their importance in cricket? (10)
- Q.4. Write down the mechanical analysis of any one skill in cricket. (10)
- Q.5. What is load. Explain in detail over load? (10)
- Q.6. Explain the role of print & electronic media in promoting of cricket? (10)
- Q.7. Write down in detail the importance of sports psychology in preparation of cricket players? (10)
- Q.8. Write short notes on **any two** of the following: (5,5)
- (a) Coaching Lesson Plan.
 - (b) Offensive play in Cricket.
 - (c) Importance of good equipment in cricket.

